



# DR APARNA CHARI SUNDAR

KONMARI® CONSULTANT  
& MONTESSORI  
PARENTING COACH

## MISSION

I empower parents in fostering meaningful family connections, by creating a peaceful home environment, through mindful organising strategies.

## CONTACT

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## DO YOU WISH THAT..

You had an efficient plan to fit all your belongings in an organised manner in your new home?

You could decide on what to keep & discard prior to your move, potentially saving money on the movers?

You had an understanding of what your children's spaces look like in your new home that encourages their independence?

You had someone to help you with reducing the stress & overwhelm of moving?

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## YOU WILL BENEFIT FROM

### KONMARI® LIFESTYLE & HOME ORGANISING

Pre-tidy creation of your ideal home vision, understanding & application of the unique KonMari® Tidying Method, learning how to pack efficiently, getting help with unpacking & storage recommendations for your new home

### MONTESSORI-INSPIRED PARENTING & HOME DESIGN

Creating spaces in different locations of the home to support independence in children

### SUSTAINABLE LIFESTYLE

Recommendation of sustainable, low-waste alternatives around the home to support a mindful lifestyle

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## MY CREDENTIALS

BACHELOR OF MEDICINE, BACHELOR OF SURGERY (MBBS)

KONMARI® CERTIFIED CONSULTANT

AMI MONTESSORI CERTIFIED ASSISTANT

NATIONAL GEOGRAPHIC CERTIFIED EDUCATOR